

70k IN MAY

Progress tracker



Use the calendar below to keep track of your daily progress towards 70k!

Don't forget to share your efforts with your sponsors and the Christian Aid team!

My fundraising target:

£/€

Let's get going!

km today:
£/€ raised:

1

km today:
£/€ raised:

2

km today:
£/€ raised:

3

km today:
£/€ raised:

4

km today:
£/€ raised:

5

km today:
£/€ raised:

6

km today:
£/€ raised:

7

km today:
£/€ raised:

8

km today:
£/€ raised:

9

km today:
£/€ raised:

10

km today:
£/€ raised:

11

km today:
£/€ raised:

12

km today:
£/€ raised:

13

km today:
£/€ raised:

14

km today:
£/€ raised:

15

You're halfway!

km today:
£/€ raised:

16

km today:
£/€ raised:

17

km today:
£/€ raised:

18

km today:
£/€ raised:

19

km today:
£/€ raised:

20

km today:
£/€ raised:

21

km today:
£/€ raised:

22

km today:
£/€ raised:

23

km today:
£/€ raised:

24

One week to go

km today:
£/€ raised:

25

km today:
£/€ raised:

26

km today:
£/€ raised:

27

km today:
£/€ raised:

28

km today:
£/€ raised:

29

km today:
£/€ raised:

30

One day left!

km today:
£/€ raised:

31

Congratulations!

Thank you for your incredible fundraising over the month of May!
Please get in touch with us at belfast@christian-aid.org for support.
We're here to cheer you on and get you to the finish line!

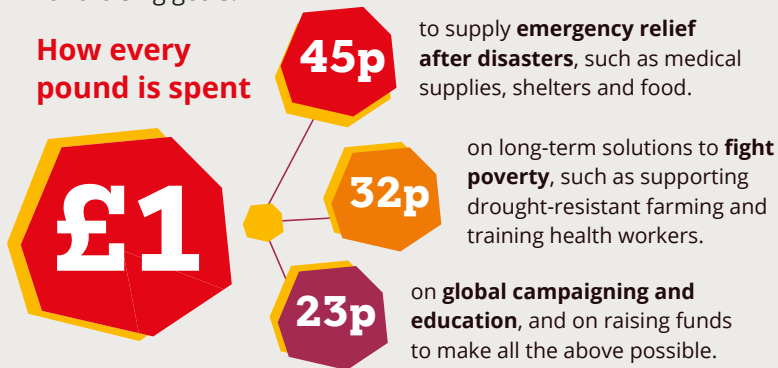
70k in May – your way

Thank you for taking part in the 70k in May challenge and fundraising for Christian Aid!

We're creating a fairer, more peaceful world by working with communities of all faiths and none. We take action to fight the causes of poverty, respond to humanitarian emergencies, campaign and raise funds. You're playing a vital role in pushing back against the inhumanity of poverty.

Here, you'll learn how to max out your fundraising for **70k in May** with some top tips. And turn over for a handy tracker to keep tabs on your progress, mark special events or milestones, and show others you're determined to reach your fitness and fundraising goals!

How every pound is spent



How can I supercharge my fundraising for 70k in May?



Set a target. Eighty six percent of fundraisers who set a target meet it or beat it. Set yourself an achievable target, and then push yourself with a stretch goal!



Dream team. To keep you motivated and connected to your community, start a team to help complete your challenge. You could all do a joint walk, try a relay or take part in fancy dress!



All about YOU! Don't be shy about sharing your progress and your story – posting every day on social media doubles your chance of reaching your fundraising goals!

Here are our top tips for sharing your story:



Personalise it. Add a photo of you, say why you're taking part, and add your fundraising target. Post stories, updates and photos throughout the month so your friends can see your progress. Celebrate when you reach milestones and publicly thank the people who have donated.



Spread the joy. Post your fundraising page on social media, on posters in your church, school or office, and share it in emails with friends.



Keep going. More than a fifth of people say they don't donate because they forgot or didn't have time. Once your event's over, give people a nudge by posting your achievement on social media. It could remind anyone who hasn't got around to donating!



Whether you decide to walk, run, cycle, swim or do the 70k in May challenge any other way, it's completely up to you.

Please contact us with any questions around getting your fundraising efforts off to a cracking start, we are here to support you! Get in touch on **belfast@christian-aid.org**

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